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Wednesday, 26 March, 2014

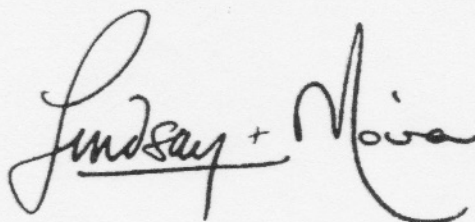
Dear Michaela :

Congratulations on completing your Intensive Mat-Plus™, Module 1 course on May 1, 2011, conducted at Pilates Helsinki in Helsinki, Finland. You have demonstrated both professionalism and commitment to quality education by completing your training.

Once you complete a course, you must take the exam or start the next level within six months. Upon successful completion of your exam you will be permitted to refer to yourself as a NO and will be entitled to the many added benefits that are provided exclusively to our graduates. These include use of selected Merrithew / STOTT PILATES logos, trademarks, and images as well as inclusion in our online Instructor Finder referral service. The Instructor Finder is accessed from www.merrithew.com, providing all of our currently certified and qualified instructors exposure to a wider audience of potential clients.

Should you need any assistance regarding your future Education plans, training, or qualifications, please direct them to a Merrithew Health & Fitness™ Education Advisor at educationadvisor@merrithew.com.

Sincerely,



Lindsay G. Merrithew
President and CEO

Moira Merrithew
Executive Director, Education

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